

**- 2016 -**

**- BC Interior Cyclocross -**

**- Racer Information Package -**

**You got Questions? We got Answers!**

## **2016 B.C. Interior Cyclocross Categories**

The BC Interior CX Categories for 2016 (in order of ability - i.e. Intermediate Men > Novice Men) are:

### Men's Categories:

Elite Men, Masters Men (40+), Intermediate Men, Novice Men, Single-Speed Men

### Women's Categories

Elite Women, Intermediate Women, Novice Women, Single-Speed Women

### Junior Categories

Junior Elite (U19), Junior (U13, U15, U17, U19)

Really? Changes, again? Bare with us for a moment....

As an organization our goals are to ensure cyclocross is fun and accessible to a broad segment of the interior cycling community and to promote the sport as a competitive athletic pursuit. Additionally, We receive a significant amount of input from racers and we try to listen to everyone's concerns and incorporate as many suggestions as possible.

For 2016 the categories utilized by BC Interior CX are named in the same manner as the race categories being used by the other Cycling BC sanctioned CX race series' in the Province. This makes things easier for people who race in more than one region and will eventually allow for provincial points tracking!

Functionally, most racers will race in the same category as they did last season, only the name of that category has been changed to align with the Cycling BC categories. The only categories that have been added are a Womens Elite category (requested by racers) and a Womens and Mens single speed category (requested by racers). We will also be keeping track of a couple additional youth categories to spread out the ages more appropriately (and align them with the provincial categories).

In conjunction with the category changes we have upped the race lengths by 10 minutes for the late race categories and 5 minutes for the early race categories. This will add about one-lap for the late race and about a half lap for the early race - all the more opportunity for awesome CX action. Trust us, this won't make the races that much harder but it will definitely make them that much more fun! This cuts down on first lap sprinters always taking the win and gives those with "diesel engines" a chance to be competitive in their categories.

## **So, What Category Do I Race In?**

Elite: You've done this before, You are racing a cyclocross bike,  
You race Cat 1/2 Road, You race Expert/Elite Mountain Bike

Masters: You've done this before, You are racing a cyclocross bike, Your 40+

Intermediate: You've done this before, You are racing a cyclocross bike, You race Cat  
3/4 Road, You race Sport/Expert Mountain Bike

Novice: You are new to cyclocross or you wish to race on a mountain bike.

Single-Speed: Your bad ass and therefore you want to race a bike with only one gear.

Junior Elite: You've done this before, You are racing a cyclocross bike,  
You race Cat 1/2 Road, You race Expert/Elite Mountain Bike

Junior Junior (U13, U15, U17, U19): You are new to cyclocross or you wish to race on a  
mountain bike.

## Race Day Scheduling

Race organizers will ensure that registration is open for at least one half-hour prior to the start of each race.

Riders will be allowed to pre-ride the course only during allotted times. Due to the time constraints present at many of our race locations, organizers are only required to provide one half-hour of open course pre-riding to racers. This will happen before the Early Race and there may not be any other times available to pre-ride the course. This season if you wish to pre-ride the course, plan accordingly as there won't be exceptions.

Outside of allotted open course pre-ride times, race courses will be considered *CLOSED* to all racers other than those whose category is currently racing. *BC Interior CX officials will monitor the race courses and reprimand any racers who are caught pre-riding the course during a time when pre-riding is not allowed - i.e. during another categories race.* This may mean you will be pulled from the race if it is deemed appropriate.

The following outlines the race lengths (time) and which categories race together.

### Race 1 (Early Race)

Time: 45 minutes

Categories Wave 1: Intermediate Women, Novice Men, Single Speed Men

Categories Wave 2: Novice Women, Single Speed Women, Junior (U13, U15, U17, U19)

Wave 1 leaves 30 seconds to 1 minute before Wave 2 (depending on length of course)

### Race 2 (Kids Race)

Time: 10-20 minutes (Depends on participation numbers and ages)

Categories: Under 12 KIDS RACE! WOOHOO!

### Race 3 (Late Race)

Time: 60 minutes

Categories Wave 1: Elite Men, Masters Men, Junior Elite (U19)

Categories Wave 2: Intermediate Men, Elite Women

Wave 1 leaves 30 seconds to 1 minute before Wave 2 (depending on length of course)

## Bicycle/Equipment Rules

The following are the bicycle and equipment guidelines for BC Interior CX races.

These rules are pretty straight forward and are designed to make racing fun and safe for every participant.

There are two types of equipment rules, (*Strict*) and (*Honour System*).

(*Honour System*) rules are not enforced by BC Interior CX officials on race day and racers are encouraged to self govern in regards to these rules. If you see something unsafe or someones pushing the limits of tire size talk to them politely first before bringing it up with BC Interior CX officials or the race organizers.

(*Strict*) rules are enforceable by BC Interior CX officials on race day if it is a matter of safety. This may mean that you will be asked to remedy the equipment problem, be required to race in a different category or will be politely and discretely pulled from the race if there is no other option available.

All Categories:

- Bicycles should have all extraneous parts removed from them - i.e. fenders, racks, lights, etc. (*Strict*)
- All bicycles must be in working order (*Strict*)
- A front and rear brake must be equipped on all bikes racing in BC Interior CX races (*Strict, Exception for Kids Race*)
- Tires must not be “slick” - they must have knobs or traction bars of some type and in significant amount to be safely ridden on the course being raced. (*Honour System, Exception for Kids Race*)
- Bicycles with a pedal assist of any type are not allowed in a BC Interior CX race (*Strict*)

Elite Men, Elite Women, Junior Elite (U19), Masters Men:

- Handlebar: Drop Bar (*Strict*)
- Must have STI type or Single-speed Road Levers (*Strict*)\*\*
- Wheel Size: 700c at the rim (*Strict*)
- Tire Size: Max 33c (*Honour System*)
- No suspension equipped bicycles. (*Strict*)

Intermediate Men and Women:

- Handlebar: Drop or Moustache Bar *(Strict)\**
- Must have STI type or Single-speed Road Levers *(Strict)\*\**
- Wheel Size: 700c at the rim *(Strict)*
- Max Tire Size: Max 45c *(Honour System)*
- No suspension equipped bicycles. *(Strict)*

Novice Men and Women:

- Handlebar: Drop or MTB Handle Bar
- Open to all bike types
- Max Tire Size: 2.5" *(Honour System)*

Junior (U13, U15, U17, U19):

- Handlebar: Drop or MTB Handle Bar
- Open to all bike types
- Max Tire Size: 2.5" *(Honour System)*

Single Speed Men and Women:

- Handlebar: Drop, Moustache\* or MTB Handle Bar
- Gearing - Must be permanently affixed with a single-speed gear system or cables must be completely removed from shifters *(Strict)*
- Open to all bike types
- Max Tire Size: 45c or 1.5" *(Honour System)*

*\* A handlebar is considered a Moustache Bar if it has at least two bends and one of these bends is over 25 degrees.*

*\*\* STI or Single-speed Road Levers are those levers designed to be run on a Drop-Bar, this excludes "cross" or "frog" levers and all "mountain bike" or "v-brake" style levers even if they would feasibly fit and function on a drop bar.*

## BC Interior CX Series Points

### Overall Series Points Tracking:

- Overall points will be calculated for each rider in each category using the total points accumulated during all races in the series.
- Riders cannot be eligible for an overall title in more than one category. If you race more than one category you will only be eligible for the overall title in the category you raced the highest number of races in (the only exception being the men's single-speed category, if you can race single-speed in the morning and elite/intermediate in the afternoon you deserve two titles).
- Points are not transferable between categories and riders are responsible for signing up for and racing in the appropriate category at each race (if you register in the wrong category at a race your points will be recorded for that category only).
- The following table will be utilized for awarding points going forward. This table provides a large breadth of points between placings and will help to eliminate ties for overall series placings.

Place	Points	Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1	200	11	95	21	60	31	45	41	35	51	25
2	175	12	90	22	58	32	44	42	34	52	24
3	155	13	85	23	56	33	43	43	33	53	23
4	140	14	80	24	54	34	42	44	32	54	22
5	130	15	75	25	52	35	41	45	31	55	21
6	120	16	71	26	50	36	40	46	30	56	20
7	115	17	69	27	49	37	39	47	29	57	19
8	110	18	66	28	48	38	38	48	28	58	18
9	105	19	64	29	47	39	37	49	27	59	17
10	100	20	62	30	46	40	36	50	26	60	16

### Category Upgrades / Downgrades:

- If a rider is lapped more than once by a significant portion of their race category during a BC Interior Cyclocross Series race they may be asked by officials to race in a lower

category during their next race. This does not include being lapped due to mechanical failure.

- A rider that laps more than half the field in their category during any race may be asked by officials to race in the next category up from their current one at their next race, if there is such a category.
- If a rider is being asked to upgrade or downgrade, BC Interior CX officials will ensure they discuss it well ahead of time with the individual and that they know which category they will be racing in at future races.



## BC Interior CX Starting Grid

- For the first two race of the series the starting grid will be based upon last seasons overall results but with a reverse order (those who accumulated the lowest points total will be at the front of the line), racers who did not accumulate points last season will be allowed to self-seed behind these riders in even and orderly rows.
- After the first two races the 2016 overall series points totals will be utilized to form the starting grid for each category.
- The rider with the highest accumulated points total will be first row first slot, then the rider with the second highest accumulated points total will be beside him, and so forth down the line and through the rows.
- Riders with no accumulated points will be at the back of the starting grid for their respective category and will be asked to self seed within their appointed row.
- Any rider from another series wishing to start according to their points totals in that series must present a copy of the standings for that series to officials at registration.
- The starting grid order for each race is as follows:

### Early Race

#### *Wave 1:*

Intermediate Women

Novice Men

Single Speed Men

#### *Wave 2:*

Novice Women

Single Speed Women

Junior (U13, U15, U17, U19)

### Late Race

#### *Wave 1:*

Elite Men

Masters Men (40+)

Junior Elite (U19)

#### *Wave 2:*

Intermediate Men

Elite Women