

# ***BC INTERIOR CYCLOCROSS***

## ***Racer Guidelines***



## Contents

Categories .....	3
Men's Categories .....	3
Women's Categories .....	3
Race Day Schedule .....	3
Registration .....	3
Pre-Riding .....	3
Race Schedule .....	3
Race 1 (Morning Race) .....	3
Race 2 (Kids Race) .....	3
Race 3 (Afternoon Race) .....	3
Bicycle/Equipment Rules .....	4
All Categories .....	4
Elite, Masters, Junior Elite (U19) .....	4
Intermediate .....	4
Novice, U17/U15/U13 .....	4
Single Speed .....	4
Points System .....	5
Points Tracking .....	5
Double Points Races .....	5
Category Upgrades/Downgrades .....	5
Starting Grid .....	6

## Categories

Categories are listed below in order of ability, apart from youth categories—which are based on age—and single-speed categories:

### Men's Categories

1. Elite Men
2. Masters Men (40+)
3. Junior Elite Men (U19)
4. Intermediate Men
5. Novice Men
6. U17/U15/U13 Men
7. Single-Speed Men

### Women's Categories

1. Elite Women
2. Masters Women (40+)
3. Junior Elite Women (U19)
4. Intermediate Women
5. Novice Women
6. U17/U15/U13 Women
7. Single-Speed Women

## Race Day Schedule

### Registration

Registration will be open for at least a half hour prior to the start of each race.

### Pre-Riding

Due to time constraints at many of our race locations, organizers are only required to provide one half hour of open course pre-riding to racers. Racers will be allowed to pre-ride the course **ONLY** during allotted times. Outside of this race courses will be considered **CLOSED** other than to those whose category is currently racing. Any racers caught pre-riding the course during a time when pre-riding is not allowed, such as during another category's race, may be disqualified from their race.

### Race Schedule

The following outlines the race durations and the order of the starting grids:

#### Race 1 (Morning Race)

Time: 45 minutes

Categories: Single-Speed Men, U17/U15/U13 Men, Intermediate Women, Novice Men, U17/U15/U13 Women, Single-Speed Women, Novice Women

#### Race 2 (Kids Race)

Time: 10-20 minutes (depending on participation numbers, ages and course layout)

Categories: Under 12

#### Race 3 (Afternoon Race)

Time: 60 minutes

Categories: Elite Men, Masters Men, U19 Men, Intermediate Men, U19 Women, Elite Women

## Bicycle/Equipment Rules

Bicycle and equipment guidelines are divided into **STRICT** and **HONOUR SYSTEM** rules.

**STRICT** rules are enforceable by BCICX officials on race day. This may mean that a rider will be asked to remedy the equipment problem, be required to race in a different category, or be disqualified from the race if there is no other option available.

**HONOUR SYSTEM** rules are not enforced by BCICX officials on race day and racers are encouraged to self-govern regarding these rules. If you see something unsafe or someone pushing the limits of tire size talk to them first before bringing it up with the BCICX officials.

### All Categories

**STRICT** - All bicycles must be in good working order.

**STRICT** - All extraneous parts should be removed—fenders, racks, lights, etc.

**STRICT** - Both front and rear brakes must be equipped.

**STRICT** - Bicycles with a motor or pedal assist of any type are not allowed.

**STRICT** - Tires must not be "slick"—they must have knobs or traction bars of some kind and in sufficient quantity to be safely ridden on the course being raced.

### Elite, Masters, Junior Elite (U19)

**STRICT** - Handlebar must be a drop bar.

**STRICT** - Must have STI-type† or single-speed road brake/shift levers.

**STRICT** - Wheels must be 700c.

**STRICT** - Bicycles equipped with suspension are not allowed.

**HONOUR SYSTEM** - Tires must be max 33mm wide.

### Intermediate

**STRICT** - Handlebar must be a drop bar.

**STRICT** - Must have STI† or single-speed road brake/shift levers.

**STRICT** - Wheels must be 700c.

**STRICT** - Bicycles equipped with suspension are not allowed.

**HONOUR SYSTEM** - Tires must be max 45mm wide.

### Novice, U17/U15/U13

**STRICT** - Handlebar must be a drop or mountain bike bar.

**HONOUR SYSTEM** - Tires must be max 66mm/2.6" wide.

### Single Speed

**STRICT** - Handlebar must be a drop or mountain bike bar.

**STRICT** - Bike must be affixed with only a single chainring and rear cog or shifters must be sufficiently disabled (to be determined by BCICX officials) on a geared bike.

**HONOUR SYSTEM** - Tires must be max 45mm/1.75" wide.

† STI-type levers are those designed to be run on a drop bar. This excludes "cross" or "frog" levers and all mountain bike or v-brake style levers even if they would feasibly fit and function on a drop bar.

## Points System

### Points Tracking

Overall series standings will be calculated for each rider in each category using the total points accumulated during all attended races in the series. Single-speed categories raced in addition to an afternoon race category is the only way two titles can be earned.

Points are not transferable between categories and racers are responsible for signing up for and racing in the appropriate category at each race. If a racer registers in the wrong category, their points will be recorded in that category for that race.

The following table shows the point award distribution for each place up to 60<sup>th</sup>:

Place	Points	Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1	200	11	95	21	60	31	45	41	35	51	25
2	175	12	90	22	58	32	44	42	34	52	24
3	155	13	85	23	56	33	43	43	33	53	23
4	140	14	80	24	54	34	42	44	32	54	22
5	130	15	75	25	52	35	41	45	31	55	21
6	120	16	71	26	50	36	40	46	30	56	20
7	115	17	69	27	49	37	39	47	29	57	19
8	110	18	66	28	48	38	38	48	28	58	18
9	105	19	64	29	47	39	37	49	27	59	17
10	100	20	62	30	46	40	36	50	26	60	16

### Double Points Races

The series premiere earns racers double points.

### Category Upgrades/Downgrades

A rider who is lapped more than once by a significant portion of their race category during a race except due to mechanical failure may be asked by officials to race in a lower category during their next race if such a category exists.

A rider that laps more than half the field in their category during a race may be asked to race in the next category up from their current one at the next race if such a category exists.

Any requested upgrades will be discussed well ahead of time and with deference to racer preference.

## **Starting Grid**

For the first race of the series the starting grid will be based upon the last season's overall results. Racers who did not accumulate points in the last season will be asked to self-seed behind these racers.

After the first race the overall series points will be used to form the starting grid for each category. The rider with the highest accumulated points total will be in the first slot of the first row, then the rider with the second highest accumulated points total will be beside him or her, and so forth down the line and through the rows within each category.

Any rider from another series wishing to start according to their points total in that series must present a copy of the standings from that series to officials at registration.